

Governors State University

Student Affairs and Enrollment Management: Reaching Vision 2020

Focus Area: **Student Wellbeing**

Leader(s): Kelly McCarthy

Implementation Year: 2015 - 2016

Goal 2: Promote a residential community focused on personal health and emotional strength strategies in order to develop sustainable practices that enhance personal wellbeing.

Objective 1:	Create and conduct counseling and/or mental health outreach programs for the GSU community, including Prairie Place residents.
Action Items	<ul style="list-style-type: none"> • Place online form on Counseling Center website requesting outreach programs and inform Prairie Place residents via email about online request form; • Distribute survey to GSU community and Prairie Place residents to identify counseling/mental health outreach needs; • Outreach program presenter(s) will distribute an evaluation form after each session/program
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	<ul style="list-style-type: none"> • Number and variety of programs offered throughout the academic year; • Results of survey to GSU community and Prairie Place residents • Number and results of evaluations from each session/program
Responsible Person and/or Unit (Data collection, analysis reporting)	Emily Petkus, Clinical Mental Health Counselor Counseling Interns
Milestones (Identify Timelines)	Online form on webpage before start of the fall semester; evaluation forms after each outreach session/program; one time survey to GSU community, including Prairie Place residents
Desired Outcomes and Achievements (Identify results expected)	75% of students that attend counseling outreach programs will identify at least one skill or concept learned that will help improve their academic or emotional experience at GSU; will receive 20 online forms requesting outreach programs and 3% of GSU community and Prairie Place residents will respond to survey.

Objective 2:	Collaborate with YWCA partner to train all Resident Assistants and Faculty-in Residence in prevention of sexual violence
Action Items	<ul style="list-style-type: none"> • Schedule YWCA trainings on the prevention of sexual violence before each semester • Assess using YWCA evaluations
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Number of Resident Assistants and faculty trained
Responsible Person and/or Unit (Data collection, analysis reporting)	YWCA staff and ASAP team
Milestones (Identify Timelines)	Before the fall, spring and summer semesters
Desired Outcomes and Achievements (Identify results expected)	All Resident Assistants & faculty will be able to identify internal and external (YWCA partner) resources for victims of sexual violence and can advocate for gender equity and healthy sexual behavior

Objective 3:	Create and present sexual violence prevention awareness and educational programs in the residence hall.
Action Items	<ul style="list-style-type: none"> • Develop programs/workshops, one each semester specifically on Bystander Intervention • Schedule programs in Prairie Place • Assess effectiveness of programs
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Number of programs, attendees and responses on evaluations
Responsible Person and/or Unit (Data collection, analysis reporting)	ASAP team and counseling interns
Milestones (Identify Timelines)	Twice a semester
Desired Outcomes and Achievements (Identify results expected)	All residence hall participants will be able to identify internal and external (YWCA partner) resources for victims of sexual violence and can advocate for gender equity and healthy sexual behavior